OF PEOPLE IN WODONGA WERE AT INCREASED LIFETIME RISK* OF ALCOHOL RELATED HARM COMPARED TO ONLY 59.2% OF ALL VICTORIANS

* Drinking more than two standard drinks on any day increases your lifetime risk of harm from alcohol related disease or injury.

Heavy drinking among young people aged 16 to 25 years has almost doubled across Victoria.

29% of people in Wodonga think it’s okay to get drunk every now and then.

40.5% of men in Wodonga are at risk of short term harm each month.

The average distance from home to an alcohol outlet in Wodonga is 2.3km, compared to 10.1km in the region.

Family violence and incidents of child maltreatment and neglect increase with a higher density of alcohol outlets.

Alcohol or drug use is a factor in almost half of all family violence incidents in Wodonga.

Wodonga has the highest rate in the Hume region for hospital admissions related to illicit drugs at 3.6 presentations per 10,000 people.

In 2014, Wodonga Police reported that ice offences had risen by at least 60% in the past five years.


For more information please contact the Community Planning and Wellbeing team on (02) 6022 9300 or go to wodonga.vic.gov.au
Reducing alcohol-related harm

**WHAT COUNCIL IS DOING**

Wodonga Council is committed to playing its role in an effort to reduce alcohol-related harm in the community. To do this, the council works closely with the community to raise awareness and understanding of alcohol-related harm, and by creating safe public spaces.

The council has identified key objectives to work toward over the next five years to reduce drug and alcohol-related harm, as outlined in the Safety, Equity and Inclusion Strategy 2016-2017 to 2021-2022:

1. Work with community stakeholders to strengthen the service system;
2. Increase awareness of risky drinking to encourage a safe drinking culture where people live, learn, work and play; and,
3. Use council planning, regulatory and policy mechanisms to reduce alcohol and drug harm.

**WHAT YOU CAN DO**

Although the council plays a pivotal role, it is up to everyone to work together to reduce alcohol-related harm.

The council has identified key settings and partners where change can occur:

- **Workplaces** (Does your organisation have a responsible consumption of alcohol policy? Does your workplace organise family-friendly social gatherings?)
- **Schools and early learning services** (Is a healthy drinking culture promoted to young adults?)
- **Community and sporting organisations** (Does your sporting club take active measures to create a responsible drinking culture?)
- **Communities** (Do you know what a safe amount to drink is? Do you support a friend who decides not to drink?)

For more information about the new Australian Guidelines to Reduce Health Risks from Drinking Alcohol go to: [alcohol.gov.au](http://alcohol.gov.au)

To find out more phone Wodonga Council on (02) 6022 9300