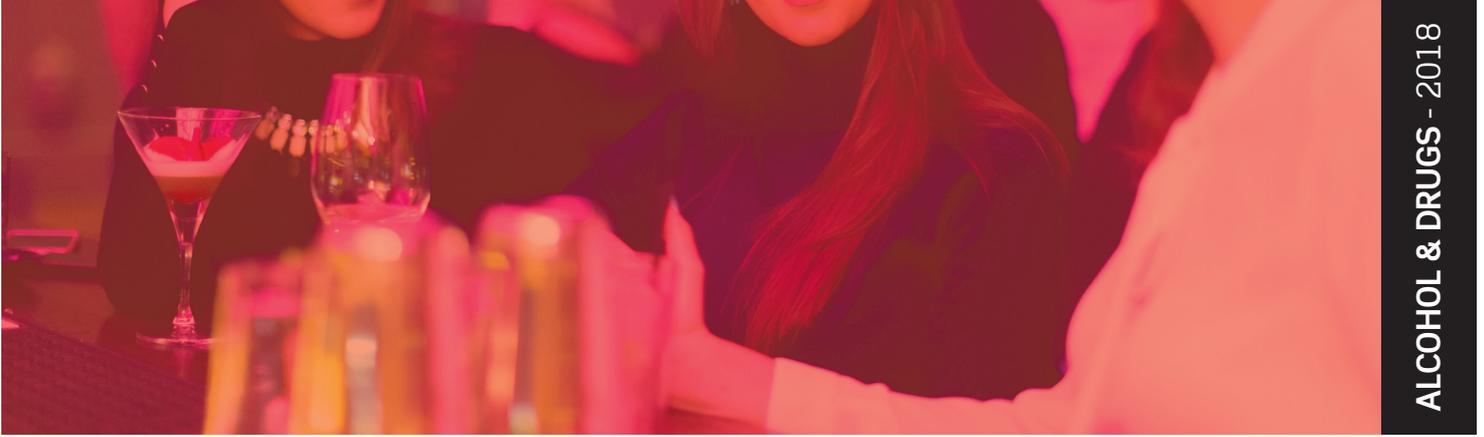


IN 2014 **71%** OF PEOPLE IN WODONGA WERE AT INCREASED LIFETIME RISK* OF **ALCOHOL RELATED HARM** COMPARED TO ONLY 59.2% OF ALL VICTORIANS



ALCOHOL & DRUGS - 2018

* Drinking more than two standard drinks on any day increases your lifetime risk of harm from alcohol related disease or injury.

Heavy drinking among young people aged 16 to 25 years has almost doubled across Victoria.



Family violence and incidents of child maltreatment and neglect increase with a higher density of alcohol outlets.



Alcohol or drug use is a factor in almost half of all family violence incidents in Wodonga.

29% of people in Wodonga think it's okay to get drunk every now and then.

40.5% of men in Wodonga are at risk of short term harm each month.

Wodonga has the highest rate in the Hume region for hospital admissions related to illicit drugs at 3.6 presentations per 10,000 people.



 The average distance from home to an alcohol outlet in Wodonga is 2.3km, compared to 10.1km in the region.



In 2014, Wodonga Police reported that ice offences had risen by at least 60% in the past five years.

REFERENCES: DHHS 2014, Livingston 2011, VicPol 2008, Mitchell 2011, CIV 2015, AOD Stats 2016, CSAV 2015, DHHS 2016, Vic Health 2015.

For more information please contact the Community Planning and Wellbeing team on (02) 6022 9300 or go to wodonga.vic.gov.au





Reducing alcohol-related harm

WHAT COUNCIL IS DOING

Wodonga Council is committed to playing its role in an effort to reduce alcohol-related harm in the community. To do this, the council works closely with the community to raise awareness and understanding of alcohol-related harm, and by creating safe public spaces.

The council has identified *key objectives* to work toward over the next five years to reduce drug and alcohol-related harm, as outlined in the *Safety, Equity and Inclusion Strategy 2016-2017 to 2021-2022*:

1. Work with community stakeholders to strengthen the service system;
2. Increase awareness of risky drinking to encourage a safe drinking culture where people live, learn, work and play; and,
3. Use council planning, regulatory and policy mechanisms to reduce alcohol and drug harm.

WHAT YOU CAN DO

Although the council plays a pivotal role, it is up to everyone to work together to reduce alcohol-related harm.

The council has identified key settings and partners where change can occur:

- **Workplaces** (Does your organisation have a responsible consumption of alcohol policy? Does your workplace organise family-friendly social gatherings?)
- **Schools and early learning services** (Is a healthy drinking culture promoted to young adults?)
- **Community and sporting organisations** (Does your sporting club take active measures to create a responsible drinking culture?)
- **Communities** (Do you know what a safe amount to drink is? Do you support a friend who decides not to drink?)

For more information about the new Australian Guidelines to Reduce Health Risks from Drinking Alcohol go to: alcohol.gov.au

To find out more phone Wodonga Council on (02) 6022 9300

OUR ACTIONS

Local Drug Action Team

Wodonga Council has established a LDAT to work together to prevent and reduce the harmful effects of drugs and alcohol on the community.

Planning, design and infrastructure

Wodonga Council is working towards reducing alcohol-related harm by improving lighting in our parks and by implementing Safer Design Guidelines in planning decisions.

Alcohol Culture Change Project

Wodonga Council was successful in obtaining funding from VicHealth to design an Alcohol Culture Change Project to minimise risky drinking behaviour and reduce alcohol related harm. The target audience of this project is male blue collar workers aged 35 to 55 years in the Wodonga Community.

If you, or someone you know needs support or treatment you should contact:

- Your doctor
- Gateway Health: (02) 6022 8888
- Alcohol Helpline: 1800 888 236