Maternal and Child Health Service

10 key visits

plus additional visits and MCH line

Home visit
- Home visit, introducing and linking to local services, Safe Sleeping Checklist, breastfeeding support, parent support

2 weeks
- Growth, development, safety, nutrition and feeding, hearing review, communication, parenting support

4 weeks
- Growth, Maternal Health Review, nutrition and feeding, parenting support, safety

8 weeks
- Growth, development, nutrition and feeding, parenting support, link to parent groups, immunisations, safety

4 months
- Growth, development, nutrition and feeding, parenting support, link to playgroups, immunisations, safety, book

8 months
- Growth, development, nutrition and feeding, parenting support, safety, sleep, oral health hearing review, communication

12 months
- Growth, development, nutrition and feeding, parenting support, safety, immunisations, communication, book

18 months
- Growth, development, nutrition, parenting support, safety, communication, playgroups, oral health

2 years
- Growth, development, nutrition, parenting support, safety, communication, kindergarten information, book

3.5 years
- Growth, development, nutrition, parenting support, oral health, vision screening, kindergarten enrolment, safety, communication

Maternal and Child Health Line - 24 hours on 13 22 29.