Maternal and Child Health Service
10 KEY VISITS

3.5 years
Growth, development, nutrition and feeding, parenting support, safety, oral health, vision screening, kindergarten information

2 years
PEDS, growth, development, nutrition and feeding, parenting support, safety, kindergarten information

18 months
Preventing injuries, playgroups, immunisations, how play helps learning and development

12 months
PEDS, healthy family foods, sun smart, oral health, immunisations, parenting support, family wellbeing

8 months
PEDS, poisons information, preventing injuries, oral health, immunisations, play, learning and development

4 months
Parents’ Evaluation of Development Status (PEDS), parenting support, link to playgroups, immunisations, reading and books

8 weeks
Safety, breastfeeding and feeding, hearing review, link to parent groups, family relationships

4 weeks
Safe sleeping, breastfeeding and feeding, maternal health and wellbeing, where to find parenting information, play

2 weeks
Growth, development, safety, breastfeeding and feeding, hearing review, birth registration

Home visit
Safe sleeping, home safety, immunisations, breastfeeding and feeding, parent support, play and learning